

## HEALING – based on the gosho ‘Rissho Ankoku Ron’

Once there was a girl who went to the doctor,  
She complained of nagging pain and great distress  
The doctor asked “where does it hurt?”  
The girl frowned- she had to confess  
She did NOT know

She had been on drugs so long  
Medication kept her from feeling WHERE things went wrong  
And so she was blind to what her body was saying  
And though she was praying  
She saw no result – just increasing stress  
her body and spirit in such a mess

The girl begged for medicine, some pills and easy fix  
But the doctor said her grievances could not be cured by pharmaceutical tricks  
It would not heal so quick... it would be a mission of a awaking  
No faking it  
Or making it  
Just breaking  
...with bad habits and foolishness – understand the nature of the universe  
that runs through her heart as well...  
just out of sync... with everything as far as the doctor could tell

The doctor was strict and instructed how her suffering could be fixed:  
“You must understand the logic of the universe to truly heal yourself  
Until you do you will suffer greatly – be in a state of hell”

“But Doctor” the girl said, “This pain and imbalance does not only befall me.  
It’s calamities and disaster nationwide that I see.  
Surely facing the universe merely means exhausting myself in vain...  
I prefer to end my suffering with drugs that dull my pain.”

The doctor explained: “It is precisely because people are inclined to turn away from  
awakening and wisdom - fail to protect them...  
that in recent years there have been unusual disturbances,  
strange occurrences...  
in the heavens and on earth  
Famine, war, pestilence... lets see what can we learn?”

The universal mystic law of cause and effect has been forgotten, slandered or  
misunderstood  
People have surrendered to the ones in power that fail to protect the good  
Exploit land and humans, deplete ecology and continue to pollute  
Consumed by erroneous views, it is toxics and alienation that they produce.

Can't you see the reason for the changing of seasons... climate change?  
are they not a mirror for the state of your own despair, your own complaints?  
Are you not alarmed that modern politics produce poverty, cancer, carelessness

– I mean are you even living?

Or just surviving –

deprived from healthy society you get sicker everyday.

If you fail to listen to these signs they only aggravate.

The girl looked shocked and turned grey,

She was confused and went on to say:

“Is it my fault that grains and fruits no longer ripen, land reduced to poverty?

Roots and branches leaves and petals lost their medicinal properties?

Surely economic enslaving and ecological disasters are not my concern

When my own body fails me, it's my own health I wish to see returned... first

The doctor had to think a minute and then gave this final advice:

“In seeking health and peace there can be no compromise

If we can not admonish evil rulers that cripple the life state of the land...

We cannot hope to do good, heal ourselves help others understand...

Healing is not an elixir but a way to relate to trouble...

An understanding that ignorance will cause it only to double

Do you know how to deal with trouble – when trouble stares you in the face?

And it is so close so everywhere – there is no hiding place

What if your friends befriend evil cause they think all friendship leads to peace

What if the spirits of mankind show signs of rampancy?

Do you cry – praying for pharmaceutical intervention, or an operation?

Do you close your eyes – shut your heart, sink into isolation

... an act of desperation

Do you comply ... forgetting what is primary and follow a lie

Or do you realize the worth of healthy life: and do you turn the tie?

The girl by now was in tears, but through her tears she smiled,

It was time to internalize this spoken wisdom and reconcile:

“ Thank you doctor for speaking the truth and making my scared heart see

I have been living out of touch so long with reality

I had no peace cause I forgot the world and I belong together

And I neglected both so things could not get any better.

Now I see it is not enough to have faith and accept your words –

I have to expose erroneous views to the world at large about what good health

is really really worth!

Now I see, the only thing to do, is to abandon the evil ways and take up those that  
are good

To cut off this affliction at the source; to cut off negligence at the root.

The doctor saw her patient had transformed from despair to hope  
In touch with the value of her own life and that of all life on this globe.

The doctor said there was one more thing that would ensure the patient to continue  
to grow:

It was reciting the words: Nam myoho renge kyo

It is not magic, it is mystic and will replenish your strength

Use it to cast off illusions and ignorance

“When facing evil rulers and inner darkness too”

I found chanting shines the light on how to stick to doing good

The universe cooperates and congratulates your insight and your courage

So just remember your ability to stay strong and to flourish

NO MATTER WHAT PLEASE STAY TRUE TO THIS INSIGHT, THIS FEELING  
THAT HEALTH IS ACTUALLY PRODUCED THROUGH INTERCONNECTED HEALING